




Emser:Therme

Wellness am Fluss

Information and Prices

Open until
midnight on
Friday's &
Saturday's





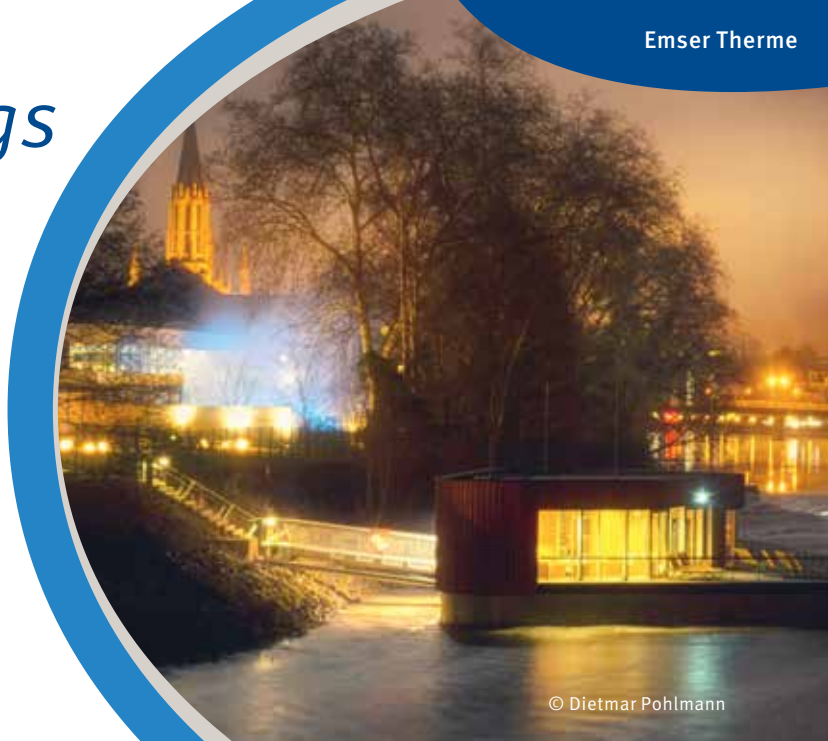
*Experience harmony.
Find peace. Feel good.*

One of Germany's most modern and attractive natural thermal hot springs is located at the Lahn River in Bad Ems. You won't just find a restful space for wellness, activities and relaxation here; Emser Therme is also an extraordinary work of architecture with its smooth pebble stone shapes, warm colours and hand-picked natural materials.

Healthy Hot Springs

Based on the **four building blocks** of optimized relaxation, which are cardiovascular training through exercise, **a natural hot springs water soaking process with varying temperatures** (spa and sauna), **physical recovery** in the form of wellness treatments and **mental rest through quiet time**.

Experience ultimate relaxation on 71,000 square feet grounds with our thermal hot springs area, sauna park, wellness gallery and FitnessPanorama. Enjoy guiltfree indulgence from fresh and healthy kitchen of our Restaurant Halberts.



A world of hot springs



A hot springs soak at Emser Terme is to rediscover old Roman culture. A large thermal pool, a jacuzzi, an exercise pool as well as hot and cold pools invite visitors to submerge themselves in a world of relaxation and leisure. Innovative attractions such as salt inhalation with the famous Emser Salz®, the Sidroga®herbal steam bath, infrared chairs and the unique rain area round off the experience in the indoor area. Opportunities for peaceful relaxation can also be found in the fireplace lounge and in quiet lounges offering a stunning view.

In the outdoor area, the thermal outdoor pool and the sport's pool offer pure relaxation all year round. In addition to this, the large sunbathing area with a direct view of the Lahn River are the perfect places to enjoy open-air peace and relaxation.







Pure relaxation

Relax and replenish – recharge your batteries – take time out from your everyday routine. The SaunaPark is the ideal place for your well-being. Choose between a traditional Finnish sauna, salt sauna and more moderate warmth in the sanarium, the sauna with a view or the steam room. A quiet room, the cosy inglenook and the large and spacious sauna garden with comfortable loungers will make you want to stay for hours on end. In the outdoor area of the sauna park, we also have a textile-free relaxation pool with thermal water.

A special highlight is the floating river sauna, where a panorama sauna and a sound sauna grant a picturesque view of the Lahn River. The cosy lounge patio perfectly rounds off the unique atmosphere.







Entrance Prices

	Thermal hot spring area	Thermal hot spring area + sauna park*	Thermal hot spring area children (up to 11 years)
2 hours	€13.00	€18.00	€7.80
3 hours	€17.00	€22.00	€10.20
4 hours	€21.00	€26.00	€12.60
Day pass	€25.00	€30.00	€15.00

Entry to the thermal hot spring area is included in the entrance price. A surcharge of €5 applies for the sauna park. The SaunaPark surcharge can also be added to entry price and be paid at the exit. The surcharge amounts to €1 for every 15 minutes or part thereof. Children under 16 years are only admitted with constant adult supervision.

*Please note that the Sauna park is textile-free

Opening times

9:00 – 22:00 daily, until midnight on Friday and Saturday.

Early swimmers

Monday and Thursday from 9:00 to 11:00 we'll let you stay an hour longer for free (except on bank holidays and during and during Christmas holidays).

After-work price

After 19:00 on Tuesday and Wednesday: pay for 2 hours and stay until closing time (except on bank holidays and during Christmas holidays).



Indulge yourself

Treat yourself with classical massages, wellness and cosmetic treatments in our modern feel-good atmosphere. Relax with a glass of Champagne in our luxury bath or drift away with our nourishing treatment on the floating water bed. A relaxing and cleansing Hamam ceremony will bring your body, spirit and soul back into perfect harmony.

You can also purchase vouchers from the online shop at www.emser-therme.de/shop and print them straight away.





Bookings

Please make an appointment for treatments in the wellness gallery. You must be 16 years or over to book a wellness treatment. Appointments are binding and can be rescheduled free of charge no later than 24 hours before the treatment.

Unfortunately, late cancellations must be charged at 100%.

Our advisory team is happy to help you between the hours of 9:00 and 20:00.

Tel.: +49 (0) 2603 9790-31, e-mail: beratung@emser-therme.de

Online bookings: www.emser-therme.de/shop

Times given may vary slightly. Individual treatments lasting 20 minutes or more will be credited to your time account. Please report to the reception of the wellness gallery (1st floor) 5 minutes before the treatment. **Please dry yourself thoroughly before entering the wellness gallery.**

Wellness Packages for 1 person

Aroma Package

€48.00

3 hours thermal hot springs & sauna, aromatic oil massage (20 min)

Vitality Package

€56.00

3 hours thermal hot springs & sauna, back massage (20 min), wellness salad at Restaurant Halberts

Ladies' Day

€82.00

Day pass to thermal hot springs & sauna, Fresh Kick cosmetic treatment (25 min), aromatic oil massage (20 min)

Ladies' Friends Day

€53.00

(Also bookable for more than one person, price per person)
4 hours thermal hot springs & sauna, a treatment on the floating water bed (30 min), 1 x glass Champagne per person



Wellness Packages for 2 people

Luxury Package

€68.00

2 x 2 hours thermal hot springs & sauna,
luxury rose-oil bath for 2 people (30 min)

Couples' Time

€84.00

2 x 3 hours thermal hot springs & sauna,
2 relaxing wellness massages (20 min),
2 x glasses fruit or vegetable juice

Our Moment

€106.00

2 x 3 hours thermal hot springs & sauna
2 full body massages (35 min, back side of body)
2 glasses of champagne or juice

Honeymoon Day

€179.00

A romantic day for two. The ideal gift for
weddings and other special occasions.
2 day passes to thermal hot springs & sauna,
rental of 2 bath robes, 2 wellness massages (20 min),
emperor's bath in the luxury bath for 2 people (30 min),
2-course meal in Restaurant Halberts

Feel Good Package

€219.00

2 day passes to thermal hot springs & sauna,
rental of 2 bath robes, 2 anti-stress massages (20 min),
2 wellness foot massages (35 min), 2-course meal
incl. 1 large bottle of water in Restaurant Halberts



Wellness massages

Hot stone	50 min €59.00
Lomi Lomi Nui (Hawaiian massage)	50 min €59.00
Abhyanga	50/75 min €58.00/€79.00
Ayurvedic foot massage	35 min €32.00
Shiatsu whole body	50 min €58.00
Aromatic oil massage	20/50 min €28.00/€56.00
Aromatic stamp massage whole body	50 min €58.00
Aromatic candle massage whole body	50 min €58.00
Bamboo massage entire back side of body	35 min €41.00

Classical massages

Back massage	20 min €27.00
Full-body massage	50 min €53.00
Anti-stress massage	20 min €27.00
Detox massage (whole body)	50 min €55.00
fascia-relax massage	35 min €41.00
Foot reflexology	35 min €35.00

Couples' massage

Our advisory team will be happy to advise you which massages can be enjoyed alongside your partner.



Hamam

Soap and brush massage incl. preheating	30 min €28.00
Soap lather massage incl. preheating	45 min €39.00
Body oil treatment in combination with soap massage	10 min €15.00
Hamam ceremony incl. oil	70 min €74.00
Hamam ceremony incl. oil and soap lather massage	100 min €95.00
Ceremony for two incl. preheating, soap lather massage, peeling and body oil treatment	100 min €138.00

Luxury bath	solo/duet	30 min €24.00/€36.00
incl. a glass of Champagne		
– Oil-based Emperor's bath		
– Milk-based Cleopatra bath		
– Oriental bath with fig extract		
– Vino bath based on Chardonnay grapes		

Treatments in the floating water bed

Cleopatra	30 min €28.00
Thalasso	30 min €28.00
Crystal	30 min €28.00
Vino	30 min €28.00
Sea buckthorn	30 min €28.00
For men	30 min €28.00
as couples' treatment	30 min €54.00



Time for cosmetic treatments

Basic 50 min €49.00

- suitable for all skin types -

Anti-aging 80 min €79.00

- for mature and demanding skin -

Classic 80 min €69.00

Treatment incl. cleansing
and eyebrow correction

- geared to skin type -

Fresh Kick 25 min €29.00

Cleansing and activating massage

- suitable for all skin types -

Hydro power for men 50 min €55.00

facial treatment incl.
activating facial massage

- for stressed male skin -

BABOR

The treatments are individually tailored to the needs of your skin with products from the Babor cosmetic range.





Wellness for the hands

Manicure, peeling, classic hand massage **without** nail polish 35 min €29.00

Manicure, peeling, classic hand massage **with** nail polish 55 min €39.00

Foot pampering ritual 35 min €30.00
Foot bath, peeling, wrap, massage

Pedicure **without** nail polish plus foot massage 50 min €39.00

Pedicure **with** nail polish 50 min €39.00

Extras for eyes* each €6.00

eyelash dying

eyebrow correction

eyebrow dying

*in combination with a treatment

Thermal hot spring restaurant Halberts

Optimum relaxation also involves fresh, delicious nourishment. Restaurant Halberts offers a range of healthy, tasty dishes that won't weigh you down: modern, wellness-oriented cuisine with fresh salads and a variety of vegetables are available alongside regional, in-season classics and delectable desserts - all using the best regional products.

A special highlight is our sun pario, where you can enjoy an ice cream or a cold drink in the warm months.





Opening times: 9:00 - 22:00 daily, Friday and Saturday until midnight.

Advisory team: Information, booking of wellness appointments, purchase of gift vouchers. Daily from 9:00 - 20:00 Tel.: +49 (0) 2603 9790-31

Online shop: Order vouchers round the clock and print them from www.emser-therme.de/shop

Thermal spring shop: Bathing products, magazines, care products. Daily from 9:00 to 19:00

Restaurant Halberts: Fresh, modern cuisine in the entrance area and the thermal spring area. In summer, you can eat on our sun terrace. 9:00 - 21:30 daily, Fridays and Saturdays until 23:00

Parking: You can make use one outdoor car park and one multi-storey car park (at the HELIOS-Klinik Bad Ems).

Getting here by train: Bad Ems West train station – 10 min walk

Getting here by bus: Thermalbad bus stop

All prices valid until further notice! We accept no liability for changes, mistakes or printing errors.

The logo graphic for Emser Therme consists of several overlapping circles and dots in white, light blue, and red, creating a bubbly, water-like effect.

Emser Therme
Wellness am Fluss



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